

Free Self Defence Classes for Women

Neighbourhood Watch are offering women the chance to learn various techniques regarding women's self-protection. The chances of being a victim of an attack are very unlikely but you will be taught skills that could assist you in dealing with confrontational situations. The training is being offered free of charge but you will need to commit to two 1 and a 1/2 hour sessions over two weeks (one session each week). In order to be as inclusive as possible we are holding 4 events, two of which are during the day.

Date as follows:

12th and 19th October 2011 -
7pm-8.30pm - Mitcham Police Station

29th November and 6th December 2011 -
7pm-8.30pm - Morden - Civic Centre

7th and 14th December 2011 -
11am-12.30pm - Wimbledon - Venue TBC

The sessions are being run by Leoni Munslow, who has 20 years experience in martial arts and holds a black belt in Japanese Jiu Jitsu, a brown belt in Judo and a purple belt in Brazilian Jiu Jitsu (BJJ). An active competitor in domestic and international competitions, Leoni is the current British Champion in BJJ and has been nominated "UK female competitor of the year 2010" by the European Fight Network.

If you are interested in attending one of the sessions please contact the Neighbourhood Watch office at

mertonnhw@met.police.uk or
call 020 8649 3213

An Old Farmer's Advice:

- * Your fences need to be horse-high, pig-tight and bull-strong.
- * Keep skunks and bankers and lawyers at a distance.
- * Life is simpler when you plough around the stump.
- * A bumble bee is considerably faster than a John Deere tractor.
- * Words that soak into your ears are whispered...not yelled.
- * Meanness don't jes' happen overnight.

Rutlish PTA Theatre

Rutlish PTA are able to offer discounted theatre tickets for performances at Wimbledon Theatre. Each ticket sold generates a small commission which helps to fund purchases which all the Rutlish boys will benefit from.

Here are the latest deals.

We have Dress Circle tickets for the Sound of Music on 18/10/11 at 7:30pm. Box Office price £39 but available from the PTA for just £30 per ticket. Tickets must be purchased by 20/09/11.



Take the kids to see Mogli as Rudyard Kipling had in mind when he wrote this classic tale.

The performance is on Saturday 03/11/11 @ 7:00 for the Dress Circle, Rows D & E. Purchase tickets @ £11 each by no later than 05/10/11.



Reservations already made for Sister Act and Matthew Bourne's Nutcracker. Details to follow.

If you would like to purchase any of these tickets please send your name, address, performance details and the number of tickets to

Rutlishtheatretickets@gmail.com

Get in that Christmas mood by having a family outing to the Panto on 17/12/11 @ 7:00. Our tickets are for Rows K + L in the Stalls so near enough to catch one of Dame Edna's gladioli. Tickets are priced @ £20 each (Box Office value £32.25. The deadline to book tickets is 03/10/11



PLEASE NOTE: a minimum of 10 tickets must be sold for each performance in order for the PTA to be given the discounted rate.

An Eskimo Proverb once said,
"Perhaps they are not stars,
but rather openings in heaven
where the love of our lost ones
pours through and shines down
upon us to let us know
they are happy."

Merton Park Development News

There are public meetings concerning two separate planning issues along the Kingston Road this week which you should know about.

Nelson Local Care Centre

There will be an Open Evening to view and discuss the proposals for the development of the Nelson site. A full planning application is expected to be submitted in a few weeks' time to use the site as a new Local Care Centre with adjacent sheltered housing.

Emma Hamilton Site Development

In the near future a planning application is expected to be lodged for this site, which lies to the north of our Ward. An exhibition of the proposed design was held in March at Merton Park Baptist Church. We understand that minor modifications have been made to the initial design (shown in the picture below) but the application is believed to be essentially the same size and bulk, comprising some 57 dwellings within five storeys. The Wimbledon Chase Residents Association has been formed to contest the plans.

To learn more about how the proposals might affect you, and get involved in their campaign, email grahame_darnell@hotmail.com (note underscore in the address).

John Sargeant

Well! Well! Well!

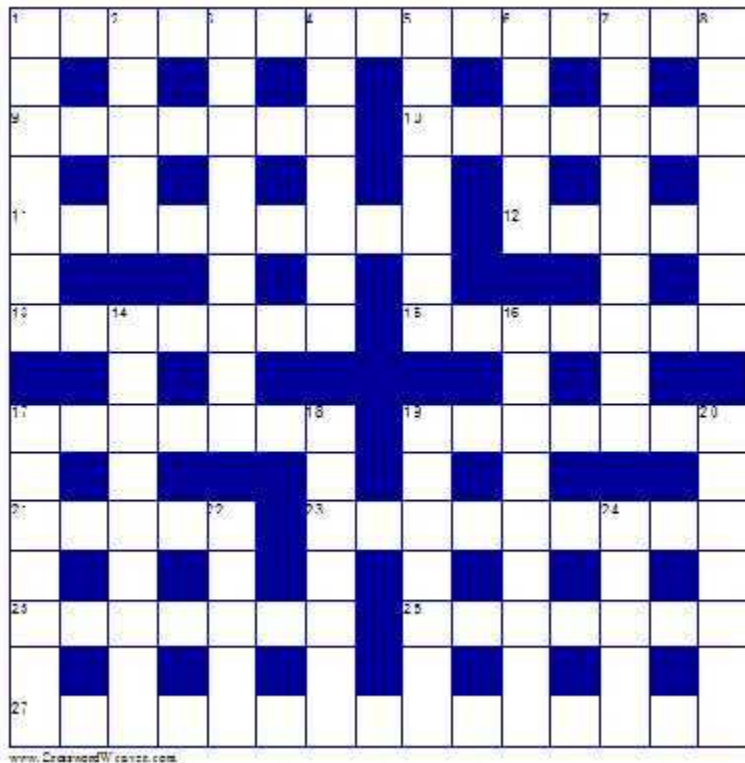
"The budget should be balanced, the Treasury should be refilled, public debt should be reduced, the arrogance of officialdom should be tempered and controlled, and the assistance to foreign lands should be curtailed lest Rome becomes bankrupt. People must again learn to work, instead of living on public assistance."

Cicero - 55 BC



So what have we learned in 2,066 years?

Crossword 5



www.CrosswordW.com

ACROSS

1. Mentally treating canny Ali's spy hog. (15)
9. Comments made about boys. (7)
10. Graph in the AA where Jesus sayings are recorded by early church. (7)
11. One dimensionality of response by tiny earl I train. (9)
12. Mock wild young cousin very loudly. (5)
13. Idle ski causes aversion. (7)
15. Veteran actor repairs pure rot. (15)
17. Ancient tomb that increases gradually. (7)
19. Scum cub gave way to. (7)
21. Article on Utah operating system describes vehicles. (5)
23. Noisy southern creature by the sound of it. (9)
25. Disbelief shown by two articles on service mark at first. (7)
26. Confused lout in eastern boundary. (7)
27. Field event using main beer ingredient, long slender runner, Chinese bear and leap. (3,4,3,1,4)

DOWN

1. Having been put in immanent danger by being annoyed after physical exercise. (7)
2. Country confused enemy. (5)
3. I harm Rubemaking a dried plant collection. (9)
4. An omen for a fashionable seasoning. (7)
5. Breakdown of Australian National Airlines list we hear. (7)
6. No Eastern influence in these tales.(5)
7. Unplanned by small demon to play roughly with trade union. (9)
8. Billy led loud ancient city to warm covering. (4,3)
14. Cancel rise direction will damage surface. (7,2)
16. Heraldic gold on storage box leading Royal Academy band. (9)
17. Middle East head of state causes embarrassed young professional laugh. (7)
18. Five hundred American trade mark operation used to clean. (4,3)
19. Knight left mythological dwarf at stake we are told. (7)
20. Forbid reverse very quick look to Mine Host. (3,4)
22. Do not twist for piece of wood. (5)
24. Sound like lofty dove call for Japanese verse. (5)

Solution to No.4



Solution next month



It's Allwright: Family, War, Teeth

A Memoir,
covering the years from 1915

This book, written by an Wally Allwright, is available for borrowing from the editor.

The editor can be contacted at
jrundle@blueyonder.co.uk or on
020 8715 1808 or
07828 840 109

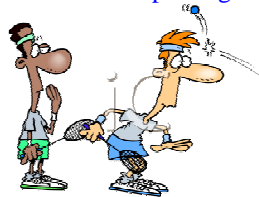
Paying by Card

The option of paying at the bar by credit or debit card is part of our system. We have set a **minimum payment of £10**, and cashback is also available (with debit card only) to help you buy that extra round of drinks.

Peter Day

For Hire

The Old Rutlishians' has a purpose built squash court with changing facilities and a spectator's gallery. All members are entitled to book the court and play at no additional membership charge.



"You are never too old to set another goal or to dream a new dream."

C.S. Lewis
Interesting Prescription

Old Rutlishians Social Network

This is the Facebook page for all things social at the Old Rutlishians in Poplar Road - the home of the legendary RutsFest, Rugby, Cricket and Football sections, Rutsfest and the hub of the Merton Park Social Network. Become a member of the Old Ruts (its easy and cheap) and then join us to make "The Ruts" a great place for locals to go for a casual social get together any night of the week (midweek from 7pm), the base for your local community group and lots of other great events all the time.

Every Monday Night at the Ruts is Knitting kNight and Poker!! All can come along and learn to drop a stitch... and have a natter or play Poker. For knitting details contact susansheridan@boltblue.com



They who laugh - last



Arresting Mum

A police recruit was asked on an exam, "What would you do if you had to arrest your own mother?"

In the blank, he wrote, "Call for backup."

The Great Writer

There was once a young man who, in his youth, professed his desire become a great writer.

When asked to define "great" he said, "I want to write stuff that the whole world will read, stuff that people will react to on a truly emotional level, stuff that will make them scream, cry, howl in pain and anger!"

He now works for Microsoft, writing error messages.

Bad Day?

The average cost of rehabilitating a seal after the Exxon Valdez Oil spill in Alaska was \$ 80,000.00. At a special ceremony, two of the most expensively saved animals were being released back into the wild amid cheers and applause from onlookers.

A minute later, in full view, a killer whale ate them both.

'A friend was on an Aeroflot flight crossing Russia when the woman next to him sneezed. He said 'Gesundheit!' She said: 'Thank goodness, someone who speaks English.'"

Peter Spencer; Column 8; The Sydney Morning Herald (Australia); Jul 23, 2011.

The man told his doctor he wasn't able to do all the things around the house that he used to do. When the examination was complete, he said, "Now, Doc, I can take it. Tell me in plain English what's wrong with me."

"Well, in plain English," the doctor replied, "You're just a plain old lazy bum."

"Thank You." said the man. "Now give me the medical term, so I can tell my wife!"

Life's Crazy Rules

* Kauffman's Paradox of the Corporation: The less important you are to the corporation, the more your tardiness or absence is noticed.

* The Salary Axiom: The pay raise is just large enough to increase your taxes and just small enough to have no effect on your take-home pay.

* Miller's Law of Insurance: Insurance covers everything except what happens.

* First Law of Living: As soon as you start doing what you always wanted to be doing, you'll want to be doing something else.

* Weiner's Law of Libraries: There are no answers, only cross-references.

* Isaac's Strange Rule of Staleness: Any food that starts out hard will soften when stale. Any food that starts out soft will harden when stale.

You Won't Believe...

The following are actual submissions on a series of quizzes, tests, and essays.

"I had been learning to drive with power steering. I turned the wheel to what I thought was enough and found myself in a different direction going the opposite way."

"I was backing my car out of the driveway in the usual manner, when it was struck by the other car in the same place it had been struck several times before."

"When I saw I could not avoid a collision I stepped on the gas and crashed into the other car."

"The accident happened when the right front door of a car came round the corner without giving a signal."

Kids Being Kids

On the first day of school, the Kindergarten teacher said, "If anyone has to go to the bathroom, hold up two fingers." A little voice from the back of the room asked, "How will that help?"

Banking

A young college girl came running in tears to her father. "Dad, you gave me some terrible financial advice!" she cried.

"I did? What did I tell you?" said the dad.

"You told me to put my money in that big bank, and now that big bank is in trouble."

"What are you talking about? That's one of the largest banks in the world," he said. "Surely there must be some mistake."

"I don't think so," she sniffed. "They just returned one of my checks with a note saying, 'Insufficient Funds'."

Tough Exam

An eccentric philosophy professor gave a one question final exam after a semester dealing with a broad array of topics. The class was already seated and ready to go when the professor picked up his chair, plopped it on his desk and wrote on the board: "Using everything we have learned this semester, prove that this chair does not exist."

Fingers flew, erasers erased, notebooks were filled in furious fashion. Some students wrote over 30 pages in one hour attempting to refute the existence of the chair. One member of the class however, was up and finished in less than a minute. Weeks later when the grades were posted, the rest of the group wondered how he could have gotten an A when he had barely written anything at all. His answer consisted of two words: "What chair?"

off the mark.com by Mark Parisi

